

# POKA POKA

## INFRARED RAY JEWELRY BELT

We will provide you with this warm and comfortable feeling!

A smooth far-infrared ray effect generating from over 8 different precious stones.

### Mini Biomat Model II



### 8 PRECIOUS STONES

Smooth far-infrared rays generated from over 8 different types of jewels including Amethyst, Tourmaline, Green Jade, Crystal, Citrine, Topaz, Tiger Eye, and Elvan

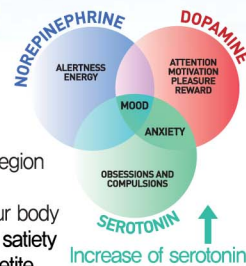
- ▶ **AMETHYST** Known as the jewel of healing.
- ▶ **GREEN JADE** This jewel generates deep, smooth far-infrared rays.
- ▶ **TOURMALINE** The tourmaline generates natural anions.
- ▶ **CRYSTAL** This jewel contains strong in-body purification functions.
- ▶ **CITRINE** This jewel stabilizes the mind.
- ▶ **TOPAZ** This jewel generates strong far-infrared rays.
- ▶ **ELVAN** This jewel discharges bodily waste through the deep-raching effect of far-infrared rays.



### STRENGTHS

The far-infrared rays generating from over 8 different jewels smoothly permeates the body.

- ▶ Once the abdominal region becomes warm, the serotonin within our body increases, leading to satiety and reduction of appetite.
- ▶ It is very convenient, as ailing body parts such as the back, waist, and knees can be treated easily without need of assistance.
- ▶ A pleasant and refreshing feeling comes from using the Poka Poka Jewelry Belt! The belt can be used according to individual lifestyles—while relaxing and listening to your favorite music, watching DVD movies, working on the computer, and much more!



### PARTS LIST



- 1 BELT ※ INFRARED RAY HEATING COMPONENT
- 2 CONTROLLER
- ▶ POWER: AC120V (50/60Hz)
- ▶ POWER CONSUMPTION: 50W
- ▶ MAX. TEMPERATURE: 140F°/60C°  
※ Thermostat is built into the controller and belt.
- ▶ MAT SIZE  
GENERAL SIZE : 54"x6.5" / XXL SIZE : 76"x6.5"  
INFRARED RAY HEATING COMPONENT : 18"x8"

• Because it is an electrical product, do not disassemble parts such as the controller and the belt. • Do not touch with wet hands. • It may cause electrical shock. • Restrict children or critical patients from using the product alone. • Make sure others supervise usage. • Avoid using at high temperature for pregnant women. • Handle with care. Do not throw or kick the product. • Never wash the product with cleansers. • Warming is set to be cut after 1 hour at 60°C. It can be set repeatedly. • Because the controller needs ventilation, don't wrap it with vinyl or a blanket. • Do not place the belt in direct contact with skin. Use a towel. • Consult a doctor if you use a pacemaker.  
**\* There are individual differences in effectiveness.**

# INCREASE OF SEROTONIN AND HEAT SHOCK PROTEIN

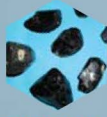
## RICHWAY POKA POKA JEWELRY BELT



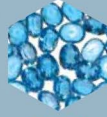
AMETHYST



GREEN JADE



TOURMALINE



TOPAZ



TIGER EYE



CRYSTAL



CITRINE



ELVAN



### WHAT IS THE PURPOSE OF USING THE POKA POKA JEWELRY BELT?

- ✓ Reduce abdominal fat.
- ✓ Relieve backache.
- ✓ Help increase serotonin and heat shock protein when used with the BioMat.

### Hypothermia and Abdominal Fat



High blood pressure, diabetes and high cholesterol are some of the modern diseases many people suffer due to excessive abdominal fat. The main reason abdominal fat increases in our body is deeply related to hypothermia. Our internal organs essentially need warm temperature in order to conduct effective digestive and immune system-related activities. If our abdominal region becomes cold, our body covers the area with fat in order to maintain temperature and protect the body heat in that area. Therefore, abdominal fat is generated for the purpose of warming and protecting our organs. Hence, if our abdominal region remains at a low temperature, abdominal fat will never completely go away no matter how hard we work out. Although some people may barely eliminate abdominal fat through excessive workouts and diet, our body will order the abdominal region to cover them with fat if the area remains cold. Consequently, a yo-yo dieting effect occurs where fat once again covers the abdominal region. Therefore, in order to permanently get rid of abdominal fat, a smooth and warm far-infrared thermotherapy treatment is necessary.

Once our abdominal region is warm, our body decides that the fat in the abdominal area which acts as a thick blanket is no longer necessary. Therefore, APT enzymes are vitalized, burning abdominal fat. In order to eliminate abdominal fat, it is necessary to apply thermotherapy to the abdominal region.

### Abdominal Fat and Calcium Ions with Thermotherapy

Thermotherapy along with activities of AMP (adenosine monophosphate) enzymes is essential for body fat to burn. Calcium ions strengthen the activity of AMP enzymes. The AMP enzyme which burns abdominal fat changes the fat into energy through an ionic transformation effect. In particular, when calcium ions work together with vitamin D, the metabolism of the body is enhanced, leading to clean blood generation and highly effective fat decomposition.

### About PDE Enzymes with Thermotherapy

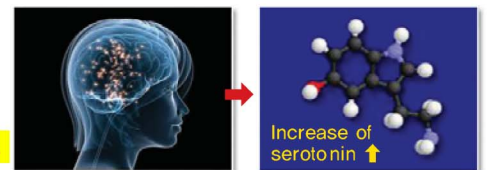
The enzyme which promotes fat generation is PDE (phosphodiesterase). PDE enzymes transform glucose into fat, storing it as fat cells.



### Thermotherapy and Backaches

Since the back serves as the central axis of our body, it is very sensitive. Both the upper and lower body is affected by backaches, and therefore requires precise treatment. Most backaches come from excessive workouts and incorrect posture. Therefore, by controlling such extreme workouts, correcting bad posture, and applying smooth far-infrared radiant energy to the back, the backaches will quickly subside.

### Thermotherapy and Increase in Immunity



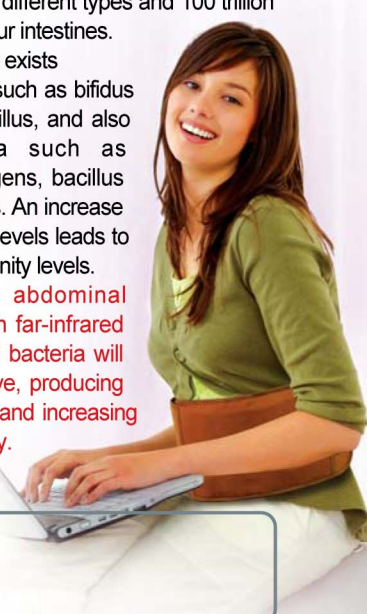
\* An enhanced thermotherapy effect occurs through the increase of serotonin and heat shock protein when thermotherapy is conducted while lying on the BioMat and directly applying far-infrared energy to the abdominal area with the Poka Poka Jewelry Belt.

Research shows that serotonin, a neurotransmitter that exists in the brain also exists in the intestines. It is well known that 90% of the serotonin exists in the small intestine. As such, our intestine uses the neurotransmitter serotonin to balance the active immune functions of our body.

There are over 500 different types and 100 trillion bacilli living inside our intestines.

Among these, there exists beneficial bacteria such as bifidus and lactic acid bacillus, and also harmful bacteria such as clostridium perfringens, bacillus and staphylococcus. An increase in harmful bacteria levels leads to a decrease in immunity levels.

By warming the abdominal region with smooth far-infrared rays, the beneficial bacteria will become more active, producing heat shock protein and increasing our level of immunity.



### CONTACT NUMBER